



Play Spiritual Harp



Residential Retreat



Friday 14th - Monday 17th October

'Bottoms Farm'

Oakworth, Yorkshire Dales

Overview of Course Content

- Learn about 'The Three Spheres' of Spiritual Harp Music
- Learn specific exercises to help you to create healing spiritual harp music of your own
- Have time for peace and personal reflection
- How to improvise on the harp
- How to find the healing note or chord which brings you into balance
- Be inspired by the world of Celtic legend
- One to one tutorial with Julie
- Connect deeply with the inspiration and healing power of nature in this beautiful, wild place
- Free time to walk or just 'be' in nature
- Share your musical and spiritual journey with an intimate group of like-minded souls