



How can we connect with the deep stories of our lives in a way that supports our growth as spiritual human beings? That helps us grow in self awareness and knowledge, instead of perpetuating the ‘old stories’ that no longer serve us? That helps us put into practice the things we need in order to grow and find our true path?

Spiritual wisdom from ancient cultures across the world, demonstrates the healing power of working with legend and story as a powerful tool for personal development and transformation. This is a day to connect with ‘The Way of the Celtic Bards’ – to experience the healing power of nature, sacred harp music and the spoken word. We will connect with the sacred story within each one of us, that speaks the truth of who we really are. We will:

*Connect with the spiritual energy of the season as we approach the Winter Solstice,
Actively work with the theme of returning light in the dark days,
Create a legend of hope and light which will nourish us during the dark days of winter.*

Venue: The Ilkley Healing Centre, Ilkley, West Yorks

Time: 10am – 4pm

Cost: £49.50 or £39.50 if you have already attended one of the autumn series of events. Concessions are also available.

Contact Julie to book your place: Em. jdspiritalharp or Tel. 01535 692349