

# CELTIC HARP



## Rosegold Celtic Harp Essences and Essence Music

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Welcome to the first newsletter for Rosegold Celtic Harp Music and Harp Essences, made by Julie Darling. The Celtic Harp Essences are a range of vibrational essences which are made using the music of the Celtic harp in wild and sacred places of Great Britain.

The sacred intent behind these essences is to support the journey towards integration, transformation and true union - bringing the wisdom and light in the wind and wave, mountain and forest, starlight and birdsong together with the light and wisdom that lies within our own hearts and souls. So that we can come to know our 'soul light', which is the Divine truth of who we are.



Sacred art, music and poetry takes us beyond the mind, beyond physical reality, to the world of Mystery, where the secret dialogue of the Soul can be known. The vibration of the spoken word, and the sound of harp strings played with sacred intent, take us step by step into the realm of spiritual experience. They take us, with love, to that secret place in our hearts where we hear the voice of truth - our truth, the Divine truth of our Soul Essence.

Rosegold Celtic Harp Essences capture those vibrations - of sounds made with love, through voice and harp; of sacred resonance held in the land on which they are made; of deep connection with the soul of the land, the light of the ancient ones, and the light that shines in the depths of our being, that comes from the Divine light of the Great Mystery, however we choose to name it.



### Celtic Harp 'Essence Music'

Each Celtic Harp Essence is made with harp music which is created with sacred intent, using prayers and blessings from ancient Celtic spiritual traditions. The music and sounds of nature are recorded, live, while the Harp Essence is made and put onto CD - this is the Essence Music. Listening to the CD is a powerful way of connecting with the vibrational energy of the Harp Essence itself. Using the two together - for example, taking the Harp Essence before meditating to the CD, will deepen and enhance the effect still further. Julie Darling creates all the artwork for the CDs, bringing the same love and attention to their production as she does to the Harp Essences themselves.

### Now available:

There are now two Celtic Harp Essences which are available with their companion CDs of Essence Music - the Isle of Iona and the Brigid Essences. The Essence drops and the CDs can each be used separately, or as a dual approach to using the music and essences together. Here is some more information about them. Other Harp Essences and their CDs will be available next year. More information can be found on [www.spiritualharp.com](http://www.spiritualharp.com), where you can also shop online.



Order securely online at [www.spiritualharp.com](http://www.spiritualharp.com)  
Or you can place your order in person on 01535 692349  
Email: [jdspiritualharp@gmail.com](mailto:jdspiritualharp@gmail.com)





## IONA CELTIC HARP ESSENCE



This essence was made with the music of the harp on the Isle of Iona, Scotland - held by many to be the home of Celtic spirituality. Iona Celtic Harp Essence reflects the deep peace and wisdom of the spiritual light that many of us feel is held deep in the earth on this ancient isle of holy pilgrimage.

The rocks of Iona are some of the oldest in the world. This essence reflects the quality of endurance and strength that we need when we are faced by life's challenges. Iona Harp Essence is for those times when we feel disconnected, and need to return to the still point of light within our hearts, where the hidden treasure of the soul lies, so we can find our true direction.

When we feel lost and confused, and need to re-connect with our own strength and wisdom, the essence supports and strengthens us, so that, like the ancient rock of Iona, we stand firm, and can find our true strength and purpose. This essence helps us see the 'overview' of a situation, so that we can see what is needed, find clarity and vision and walk forward into a lighter place.

### IONA ESSENCE MUSIC CD

This is a full album of Sacred Celtic Harp Music - a peaceful, reflective and joyful CD to take you on an inner journey to stillness, and complement the action of the Harp Essence itself. All the music was composed by Julie Darling, and includes the Essence Music that was played for the creation of the Harp Essence on Iona.



## BRIGHID CELTIC HARP ESSENCE

This Essence was made at Imbolc in the heart of the Scottish mountains. Imbolc is Brigid's festival, dedicated to the celebration of new life and growth at springtime. Brigid spans the ages, like a bridge between the light and wisdom of the ancient ones and the flow of a new spiritual energy of love and compassion that came into the world two thousand years ago.

She is known in Celtic spirituality for her associations with healing, poetic inspiration, smithcraft and midwifery. Brigid Celtic Harp Essence offers us tender nurturing love, comfort and compassion, whenever we feel lost or afraid and especially at those times when we stand at life's crossroads and don't know which way to turn. She brings inspiration, helps us access our creativity, supports us through times of deep transformation and gives us the courage to see it through, so that we can forge the life



*'Bridhe's Footprints'*

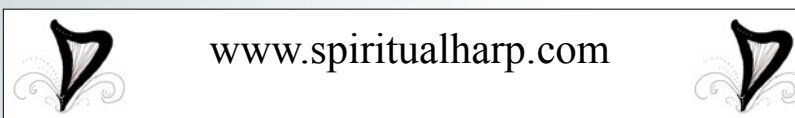
*The first snowdrops at Imbolc*



### BRIGHID HARP ESSENCE MUSIC

The CD of Brigid Essence Music contains the sounds of birdsong at dawn, the wind playing the harp strings and the music of the Essence - the harp music that was played during meditation at Imbolc. This CD brings peace and tranquility, and is ideal for meditation or use with complementary therapies.

All the Celtic Harp Essences are presented in beautiful blue glass bottles with gold labels. Each holds 30ml of essence drops. In 2013, Iona and Brigid Harp Essences will be available as Harp Essence Sprays - more news on that in the New Year.





## CELTIC HARP ESSENCE GIFT SETS

These Gift Sets were born out of requests from friends who wanted a special gift for others who love the harp, love essences or have a special place in their hearts for the Isle of Iona and Brighid.

Each set includes a 30ml bottle of Celtic Harp Essence drops, the companion CD of Essence Music for meditation or relaxation, and meditation cards with inspirational words and images connected with each Harp Essence.



I was delighted to find these beautiful hand made bags of Indian silk, on sale from a Fair Trade supplier. They make a lovely way to present the Harp Essences and CDs of Essence Music. Each silk bag is unique, so please note that each will differ in colour and design.

If you would like to order a Gift Set, or any of the Harp Essences or CDs, you will find them on my website [www.spiritualharp.com](http://www.spiritualharp.com) where you can shop online securely with PayPal.

Or do ring me on 01535 692349 or send an email if you would like to know more.

Email: [jdspiritualharp@gmail.com](mailto:jdspiritualharp@gmail.com)

## OTHER CELTIC HARP ESSENCES

Other Harp Essences are ready and waiting to be launched in 2013. They include :

A complete range of harp essences made on Iona, Glastonbury Thorn Harp Essence, Yew Harp Essence, Sycamore Harp Essence, and the Heaven and Earth Harp Essence.

There will also be a new set, called 'The Holy Island Harp Essences'. These are essences made on those sacred isles of Lindisfarne, Northumberland and the Isle of Iona, Scotland.

These essences combine some of the unique qualities of each of these ancient sites of pilgrimage and Celtic spirituality. Each island is lashed by wind and wave - but each has its own special light. More on these later in the new year.



*Iona Harp Essence Gift Set*

More information is on the web at [www.spiritualharp.com](http://www.spiritualharp.com), where you can also find out more about events for the coming year. Soon to come will be pages about Julie's art work and writing. See you there!

Julie Darling

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